

Canadian Pacific Pensioners

Association of Calgary



Newsletter for Fall 2015

Message from the President

I hope everyone had an enjoyable summer in Calgary. Now that the break is over that means your Association is back in business. The first half of the year went according to our strategic plan and we are hoping to invite some interesting speakers in the second half. Your suggestions and recommendations are instrumental in selecting the topics for the monthly luncheons.

On the member's participation front, I would like to inform that the numbers of members attending monthly gatherings are increasing. This is very encouraging and credit goes to Dinah Breu Communication Director and her team for keeping everyone informed. I would also like to extend my appreciations to Pat Brown, Marian Benner, Janette Sparks, Doreen Gruszecki and other volunteers for preparing and serving the lunches.

The improvement at Ogden Yard is ongoing and it certainly looks different than before. Some pensioners who attended this year company Stampede breakfast were quite amazed by the change. The company has renumbered the CP Pensioners Association office building from number 3 to 10. CP Social Committee has been apprising us of their upcoming activities and events which

we email to our members as well as post at the bulletin board in the Association office. Kindly let us know if your email, phone number or address is changed. Guests are welcome to attend our monthly luncheons so bring them along and join us on every second Tuesday of each month. In the meantime Happy Retirement.

Surinder Rehill

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In Memoriam - Don Callahan, Bernard White, Clifford Hanson, Karl Zagar,
Gerry Kloss, Stanislaw Olszowyj, Gerry Kubke, Wayne Kudilek

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New Members - Ramon N. Lopez, Joe Missurelli, Zenas Pohoda, C. Poon,
Mohammed Nathoo, Hans Koke, Kevin Paisley, George Wiberg

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MAY CLUB MEETING AND LUNCH

The regular May meeting of the Calgary C.P. Pensioners Association was held on Tuesday May 12 2015 at the Ogden Club Rooms. Thanks to the nice Spring weather we had an excellent attendance of 53 members which included many new faces, not seen for a long time.

We had an excellent speaker, Akshay B Jain MD. from LMC Diabetes and Endocrinology Clinic , who gave an excellent presentation on Diabetes , prevention , treatment, and controlling Diabetes. This was well received by the membership prompting many questions. This was a very appropriate subject, as many of our members do have this ailment.

A good lunch was served by the dedicated ladies of the kitchen consisting of Pizza and apple pie with ice-cream. This lunch was enjoyed by the members.

After lunch a 50/50 draw was held and the winners were Kevin Paisley \$35.00 and Surinder Rehill \$35. Surinder donated his winnings back to the Club . Thanks Surinder.

By Bill Benner

The photo below comes to us from **Doreen and Walter Gruszecki**, who tell us:

Our Grandson Brett won the “Grey Cup for a day” in a contest. He was debating where to take it. He was moving and parking at his place is limited. His mother said, “You could bring it to our house” and I piped up and said “Or Ours”. An hour later I got a text saying the Grey Cup was coming to our house April 26 from 11 a.m. to 7 p.m. I cleaned up the garage and we hosted the cup. Everyone in the family could invite friends to come and see the cup and have their picture taken. A nice young man from the Stampeders came with the cup, set it up and took everyone’s picture.



Coming Events 2015

November 10 – lunch at the club.

November 11 – Remembrance Day service at the CP Ogden cenotaph.

December 1 - Bus trip to Banff with lunch at Banff Park Lodge \$78.00 per person, with money needed by November 17.

December 8 – Christmas lunch at the club.

******Above Events and prices subject to change.***

BUS TRIPS - see the Quality Time Schedules at the end of this newsletter

PLEASE PUT THES EVENTS & DATES ON YOUR CALANDAR

“ Notice to those who go on BUS TRIPS”

Post dated cheques will be accepted. Dated one week before payment due date of the Trip.

Please Book Early with Frank to make it easier for us to make final arrangements.

NOTE: CUT OFF DATE FOR BUS TRIPS VARIES.

FREE PARKING, AT CLUB FUNCTIONS AND FOR BUS TRIPS, IS AVAILABLE ALONG THE SIDE OF THE BUILDING (RAMP), WHERE AVAILABLE, AND IN PARKING LOT TO THE RIGHT AT THE BOTTOM OF THE RAMP.

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SEMI - ANNUAL MEETING JUNE 9 2015

The Semi - Annual Meeting of the Calgary Pensioner’s Association was held in the Ogden Club Rooms on June 9, 2015. The meeting was well attended with 36 members in attendance.

The meeting was opened by President Surinder Rehill who welcomed the members and then called for 1 minute of silence in memory of our deceased members since January 2015. Surinder also reported on future events for the upcoming season. In order to save time the minutes of the last meeting were not read but were accepted as printed.

REPORT OF COMMITTEES

FINANCIAL COMMITTEE - Frank Mark reported that the finances of the Association were in good shape with total assets at \$15,889.30 (5/31/15) The Audit Committee reviewed the books and determined that they were in balance.

INTERNAL COMMUNICATIONS - No report

SICK AND VISITING John Sparks reported on visitations to our members in Nursing Homes and Hospitals. If you know of any members that would like a visitation please let John know or phone the club room office.

TRAVEL COMMITTEE - Ken Brown reported on upcoming bus tours . It appears that less people are interested in signing up for these tours resulting in cancellations. Members will be notified of upcoming tours.

SOCIAL COMMITTEE - Pat Brown reported on club social activities and thanked all the helpers for their assistance in the kitchen in the preparation and clean up on meeting days.

NEWSLETTER Bill Benner reported that we had reduced the number of Newsletters being published from 200 to 150. The cost of the Spring addition was \$274.04 with postage exceeding the cost of printing.

PENSION REPORT Ken Brown reported that our pension plan is in good shape and now is fully funded with 11.2 billion dollars in the present plan.

COMMUNICATIONS Surinder reported for Dinah Breu Dinah requested to please use our E-mail system in order to save time and money. If you have not given us your E-mail address please do.

MEMBERSHIP Frank Mark reported that in January we had 286 members and at the end of May we had 285 members

PROPERTY - Reported by Hugh Cary Hugh reported that there were no projects at the moment and things were in good shape

NOMINATIONS AND BYLAWS Bill Benner reported that these two items will be re- introduced in November in order to comply with the Annual General Meeting so that the membership can vote on any nominations or By-law changes.

NEW BUSINESS - Blue Cross as of February 1 has gone to a Direct Billing system so you will notice a difference when applying for prescriptions .We have also learned of a new offer from Blue Cross called BLUE ADVANTAGE which covers vision, medical supplies ,dental products , hearing products and services and health and wellness products and services. To find out details go to www.blueadvantage.ca.

NCCPP - Lyle Berge Is the President of the National Council Of Canadian Pacific Pensioners and is also one of our Board Members .Lyle gave a very informative talk on the results of the last National Convention held in Montreal .

Members were treated to a Stampede lunch of beef on a bun with beans and a dessert of cake and ice cream. Thanks to our hard working kitchen staff who prepared and cleaned up for the occasion

We had 2 50/50 draws and the winners were - Mike Bek \$30,00 and Joe Missurelli \$30.00. Winners of the wine draw were; Les Domotor and Pedro Denegro.

By Bill Benner

Here are our dedicated and much appreciated volunteer kitchen staff. From left
- Dinah Breu, Marian Benner, Pat Brown, and Janette Sparks



THANK YOU LADIES!!!

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SEPTEMBER 2015 CLUB MEETING AND LUNCH

The regular meeting of the Calgary C.P. Pensioners Association was held on September 8 2015 at the Ogden Club Rooms .This was the first meeting of the new season and was well attended with 42 members in attendance.

We had 2 presenters, Christy Cameron from the C.P. Social Committee who told us about upcoming events to which we are also invited to participate in. We will relate these functions to our members as they become available. Also Jim McKinnon, one of our members gave a presentation on making wise investments.

Lunch was served by our talented ladies from the kitchen that consisted of meat pies and salad with cake and ice cream for dessert.



OUR PENSIONERS WEBSITE, AND PENSIONER COMMUNICATIONS

www.cp-pensioners.com

CP will be re-designing our website over the next few weeks and months. They still plan to post an updated "In Memoriam" to December 31, 2015. In the meantime, we will continue to post items as they become available.

<p>We're only a telephone Call Away.....</p> <p>CPR Toll Free Number 1-888-511-7567</p> <p>CPR Calgary Area 403-319-3035</p> <p>CPR Calgary Fax 403-319-3669</p> <p>Blue Cross of Canada Toll Free Number 1-888-873-9200</p> <p>For information on Pension related matters all CPR Pensioners and Survivors can phone one national toll Free Number available</p>	<p>from all parts of Canada and the United States.</p> <p>Here are a few examples of how we can help you over the Telephone:</p> <ul style="list-style-type: none"> . Change of Your Address . Inquiries concerning your Direct Banking Deposit Service . Income Tax (Additional Deductions or Inquiries) . Inquiries about the Status of your Health Care Coverage . Inquiries about Pension (Payments Calculations etc) . Notification of Death. 	<p>*Requests for ID Cards, Claim Forms, the Status of individual claims and Questions concerning Benefits should be directed to Blue Cross's Toll Free Number 1-888-873-9200</p> <p>Written Inquiries Should be Addressed to:</p> <p>Canadian Pacific Railway Human Resources Service Centre Pension Services 7550 Ogdendale Road SE. Calgary AB T2C 4X9</p>
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The executive of the National Council of Canadian Pacific Pensioners Associations would like to remind you of our agreement with Blue Cross. This is an opportunity for members to benefit from affordable access to quality travel medical emergency coverage.

The next time you think of traveling, think Blue Cross and inquire about the discounted rate for CP Pensioners and Survivors.

Remember to state you are a CP pensioner or Survivor.

Blue cross is unlike any other travel insurance, with unparalleled coverage that makes it the preferred choice of vacationers everywhere.

CALL NOW

and start planning your worry-free vacation!

The only way to get your exclusive 10% discount is by calling this special toll-free number:

1-866-544-7720

The 10% discount **will not apply** if you purchase your travel insurance through your local Blue Cross office or travel agent.

Your Executive Officers

Elected for the Year 2015

President	Surinder Rehill	[]
1 st Vice President	Dinah Breu	[]
2 nd Vice President	Hugh Carey	[]
Sec. Treas.	Frank Mark	[]
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Club Directors

Ken Brown	Lyle Berge
Bill Benner	Dinah Breu
Surinder Rehill	Frank Mark
John Sparks	Hugh Carey
Ray Beirnes	

Club Committees for 2015

Audit Ben Monsees, Art Tetz, Bruce Bennett

Communications Dinah Breu

Bylaws Bill Benner

Sick & Visiting John Sparks

Membership Frank Mark

Travel Ken Brown

Social Ken Brown

Nominating Bill Benner

Newsletter Lyle Berge, Bill Benner

Pension Ken Brown

Property Hugh Carey

Financial Frank Mark



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Quality Time Holidays

Tel: (403) 281-5095

Fax: (403) 281-8439

Email : qholidays@shaw.ca

Website : www.qholidays.com

DAY TRIPS FOR the remainder of 2015

You can see from the list below there will be a reduced number of trips for 2015. All the day trips will be held on a Saturday - except Christmas to Banff which will be held on a Tuesday. With this reduced number of trips there could be a lot of people wanting to go so we remind you - please don't wait until the last minute to sign up or you will be disappointed to find the bus full.

We remind you:

- to call as soon as possible to let us know you want space held for your group;
- all seats are booked "first come first served" & only confirmed once we receive payment;
- 2 weeks before the trip is the LAST day for payment but not the first - waiting until the last minute could mean the trip is sold out;
- all trips include luxury bus transportation, meal & restaurant gratuities (alcoholic & some other beverages are not included);
- pickup & drop off at your location if you have ten (10) or more people.

<u>Date</u>	<u>Trip Description</u>	<u>Price</u>
Tuesday December 1	CHRISTMAS LUNCH IN BANFF	\$78. per person
	These trips are always popular with a traditional 'Turkey & all the trimmings' lunch at the Banff Park Lodge; free time in Banff.	

Don't Delay - Sign UP Today!

For a Good Time Travel with Quality Time - Calgary Seniors Group Travel Specialist.

All prices are per person & are subject to change - please check before selling.

Itineraries are planned well ahead & may change on the day due to various circumstances

****Remember, the dues are now \$15.00 per Year**

Name _____

Address _____

City _____ **Province** _____

Postal Code _____

Phone _____

Fax _____ **E-Mail** _____

YOU MAY REMIT YOUR DUES TO:

Frank Mark
Secretary Treasurer, Canadian Pacific Pensioners Association
Main Floor Building 10
7550 Ogdendale Road S.E. Calgary, AB. T2C 4X9
Club Phone 403-262-1238

Please make cheques payable to: Canadian Pacific Pensioners Association

PLEASE NOTE

The CP Pensioners Club Room at Ogden Shops will be open on Mondays, Wednesdays & Thursdays from **10 AM until 1 PM**